



**Kelowna & District  
Safety Council**

## **Defensive Driving Course Outline**

**For further inquiries, contact KDSC:**

Ph: 250-765-3163 TF: 888-580-7233

Email: info@kdsc.bc.ca Web: www.kdsc.bc.ca

### **Defensive Driving Course (DDC)**

The six hour Defensive Driving Course consists of five core modules and a choice of three optional modules. DDC is designed to help drivers avoid all types of traffic collisions, despite the actions of others or the driving conditions, by teaching the principles of defensive driving and essential collision avoidance techniques. This is a Canada Safety Council course, recognized throughout North America. Students will receive an informative Student Manual, and a graduation certificate and wallet card are issued upon completion of the course.

### **Course Outline**

Some of the topics in the Defensive Driving Course include:

1. **Principles and Foundations** - Preventable collisions and the standard collision prevention formula. The six categories of driving conditions. Eye-lead time. Stopping and following distance.
2. **The Driver** – Driver attitude. The pre-trip mental inventory. Alcohol. Over-the-counter and prescription drugs. Taking care of your vehicle. The child passenger.
3. **Intersections** - Always be 100% prepared to yield. Right-of-way regulations. Turning. The four-point plan for intersection safety.
4. **Passing** - The oncoming vehicle. Recovering from a pavement drop-off. Coping with curves. The art of passing. Driving around trucks.
5. **Aggressive Driving** - How to avoid being an aggressive driver. How to avoid antagonizing other drivers. What to do if confronted with an aggressive or angry driver. Managing driver distractions.
6. **Choose From:**
  - a. **Supplemental Module A: Other Road Users, Collisions and First Aid** - Critical age groups: the youthful driver, the mature driver. Backing collisions. Collisions with: pedestrians, motorcycles, trains, bicycles and animals. Occupant restraints. In event of a collision. First Aid.
  - b. **Supplemental Module B: Winter Driving** - Safe driving practices. Before driving. Getting unstuck. Winter car kit. If you are trapped in a car during a blizzard. Frostbite and hypothermia.

**Contact KDSC to inquire about booking a course for your employees!**

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